

Table of Contents

Introduction	1
Part 1- Theoretical Framework and Overview	3
Goals of Stuttering Intervention	4
Qualities of Effective Interpersonal Communication	8
Individualized Intervention	9
Part 2- Assessment Procedures	11
Assessment Step 1: Collecting Background Information	11
Assessment Step 2: Identifying Stuttering Behaviors	15
Assessment Step 3: Assessing Speech Disfluency Patterns	17
Assessment Step 4: Assessing Visible Features of Disfluent Speech	18
Assessment Step 5: Assessing Pragmatic Aspects of Communication	18
Assessment Step 6: Assessing Psychological Aspects of Stuttering	21
Reviewing the Assessment Results	23
Part 3- Disfluency Treatment Procedures	25
Establishing a Relaxed Speaking Voice	26
Use of Structured Speaking Activities	28
Facilitating Functional Fluency	33
Pragmatic Intervention Strategies for Stutterers	34
Pragmatic Intervention Activities	35
Individualizing the Pragmatic Activities	45
Part 4- Counseling Stutterers	47
Non-Directive Counseling Strategies	48
Exploring the Self-Concept	50
Personality Trait Counseling	51
Facilitating a Positive Internal Monologue	51
Using Systematic Desensitization	52
Understanding Children's Feelings	54
Example of Systematic Desensitization	54
Suggestions for Effective Intervention	55
The Child's Responsibility for Behavior Change	56
Appendices	59
Appendix A- Assessment Record Forms	61
Assessment Form 1: Stuttering History Record Form	63
Assessment Form 2: Word Repetition Record Form	65
Assessment Form 3: Sentence Repetition Record Form	66
Assessment Form 4: Response to Questions Record Form	69
Assessment Form 5: Paragraph Reading Record Form	70
Assessment Form 6: Connected Speech Record Form	73
Assessment Form 7: Speech Analysis Form	74
Assessment Form 8: Visible Feature Record Form	76
Assessment Form 9: Pragmatic Communication Record Form	77
Assessment Form 10: Stuttering Emotionality Record Form	79
Assessment Form 11: Hierarchy of Unpleasant Speaking Situations	80

Assessment Form 12: Secondary Gain Analysis Form	82
Assessment Form 13: Self-Assessment Record Form	83
Appendix B- Practice Lists for Word Repetition	85
One-Syllable Words	87
Two-Syllable Words	88
Three-Syllable Words	89
Appendix C- Phrase and Sentence Practice Lists	91
Three Words	93
Four and More Words	94
Appendix D- Paragraphs for Oral Reading Practice	95
Appendix E- Sequencing Stories	103
Appendix F- Create a Story	129
Appendix G- Topic Discussion Cards	137
Appendix H- Fluency Homework Record Form	149
Appendix I- Pragmatic Activity Record Form	153
Appendix J- Situations for Discussing Feelings	157
Appendix K- Fluency Logs	163
Log 1- Daily Fluency Progress Log	165
Log 2- Fluency Adventure Log	166
Log 3- Humor Log	167
Log 4- Difficult Word Log	168
Log 5- Major Accomplishments Log	169
Log 6- Feared Situation Progress Log	170
Log 7- Great Ideas Log	171
References	173

Situation 3

Talking to Authority Figures

Rate each situation:

- A. Very easy
- B. Easy
- C. Difficult
- D. Very difficult

- ___ 1. Talking to a police officer
- ___ 2. Talking to your teacher
- ___ 3. Talking to a professional football player
- ___ 4. Talking to your doctor

